



Creative Wellness: Theatre for Every Body **Employment & Volunteering Opportunities**

A Community Arts & Wellness Initiative of The Premiere Playhouse

About the Program *Creative Wellness: Theatre for Every Body*

Part of the City of Sioux Falls' Community Partner Program, this is a year-round, community-based arts wellness initiative activating underutilized and accessible public spaces across Sioux Falls. The program integrates movement, improvisation, storytelling, and theatrical expression to promote physical vitality, emotional wellbeing, intergenerational connection, and equitable access to the arts. This initiative intentionally reaches both east- and west-side communities by bringing inclusive programming directly into neighborhoods – indoors and outdoors – removing transportation, cost, and accessibility barriers whenever possible.

Program Schedule

Year-Round Offerings

- **Class** – Creative Movement for Seniors (2 morning sessions/week)
 - Projected schedule is Tuesdays & Thursdays from 8-9AM
- **Open Studio** – Creative Wellness Saturdays / Intergenerational Story Circles (1 session/month)
 - Projected schedule is 1st Saturday of the month from 11AM-3PM

Academic Year Offerings

- **Open Gym** – Creative Access (1 afternoon session/weekend)
 - Projected schedule is Sundays from 1-5PM
- **Class** – Youth Improv & Storytelling (1 after-school session/week)
 - Projected schedule is Wednesdays from 3-4PM

Spring & Summer Season Offerings

- **Pop-Up – Park Performances** (1 weekend/month; 6 weekends/year)
 - Projected schedule is 2nd Sunday of the month @ 2PM

Summer Season Offering

- **Festival** – Community Arts Wellness Week (1 week/year)
 - Projected schedule for 2026 is August 12-16

Open Positions & Role Descriptions

There are multiple open positions for the following roles:



Creative Wellness Instructor – Senior Movement

The Creative Wellness Instructor (Movement for Seniors) designs and facilitates movement-based programming that supports physical vitality, creativity, and social connection for older adults. This role integrates gentle movement, expressive arts, and community-building exercises to enhance wellness through theatrical and embodied practice. Programs will be delivered at The Premiere Playhouse, senior centers, assisted living communities, or other community partner sites. The Instructor fosters a safe, inclusive, and uplifting environment that prioritizes accessibility and holistic wellbeing. Compensation for qualified candidates is \$20–\$60 per session (depending on the length of the session and commensurate with experience). Sessions vary from 60–150 minutes.

Creative Wellness Instructor – Youth Improv & Storytelling

The Creative Wellness Instructor (Improv & Storytelling for Youth) designs and leads theatre-based programming that fosters creativity, confidence, collaboration, and emotional intelligence through improvisation and storytelling techniques. This role emphasizes process over product, using theatre tools to build communication skills, resilience, and self-expression in youth participants. Programming will be delivered as workshops and after-school sessions. Compensation for qualified candidates is \$20–\$60 per session (depending on the length of the session and commensurate with experience). Sessions vary from 60–150 minutes.

Creative Wellness Associate

The Creative Wellness Associate supports the facilitation, coordination, and growth of The Premiere Playhouse's Creative Wellness programming. This role provides session monitoring, and at times, assists Creative Wellness Instructors in delivering theatre-based wellness programs for seniors, youth, and other residents in the community. The Associate serves as both a support artist and logistical collaborator – helping prepare materials, engage participants, maintain safe learning environments, and contribute to curriculum/programming refinement. This position primarily supervises the Open Gym and Open Studio hours, but is eligible to work in a support capacity for classes and other program sessions. Compensation for qualified candidates is \$15–\$90 per session (depending on the length of the session and commensurate with experience). Sessions vary from 60–300 minutes.



Flexible scheduling based on program offerings. Candidates may apply for one or multiple roles. These are 1099 independent contractor positions. Contractors are responsible for managing their own taxes and insurance.

Role Submissions

Submit your interest in an instructor and/or associate position by completing the [submission form provided here](#) by **Friday, April 3, 2026 @ 5:00PM**. Reach out to Executive Artistic Director, Oliver Mayes, with any questions you may have about the programs, open positions and/or application process. **Email:** oliver@thepremiereplayhouse.com. **Office Phone:** 605-360-4800.

Frequently Asked Questions

1. I am generally available during the provided schedule(s), however, I have some conflicts throughout the year that would prevent me from working. Am I still eligible for a position?
 - a. We do our best to be flexible and accommodate each guest artist's schedule outside of their Premiere Playhouse obligations, however, we do have attendance requirements that vary by role. In general terms, those interested in working for the Community Partner Program should be able to offer a majority of attendance for scheduled programs they are hired to teach or supervise. If you are preliminarily offered a position, our staff will work with you to determine if your availability aligns with our project needs and objectives.
2. If I am offered a position, when will I get paid?
 - a. Guest artists are paid their designated honorarium at the successful completion of their scheduled sessions. During the onboarding process you will be contacted by our finance office to determine and implement your form of payment, then you can expect to be paid your fees on a monthly basis.
3. I want to help out with the Community Partner program, but my schedule is already filled up with other obligations. Are there other opportunities to get involved that aren't listed?
 - a. Yes, we are always looking for qualified volunteers to provide program support through additional workshop offerings, general supervision, performance operations, and more. Just reach out to our staff about your interest and they will take you through the process to get involved appropriate to your schedule availability and demonstrated skillset.